

# Physical Education BSEd PK-12 Emphasis

Through this degree teacher candidates are prepared to effectively teach health and physical education in K-12 settings. The requirements are listed below.

## Degree Requirements

B.S.Ed. degree candidates must complete the following General Education courses required by the College of Education and the Missouri Department of Elementary and Secondary Education.

## General Education and University Requirements:

### CORE AREAS:

#### First Year Writing

ENGL 1100	First-Year Writing (MOTR ENGL 200)
or HIST 1111	Reacting to the Past

#### Math Proficiency (requirement varies by program)

MATH 1030	College Algebra (MOTR MATH 130)
or MATH 1020	Contemporary Mathematics (MOTR MATH 120)
or MATH 1021	Choice and Chance
or MATH 1025	Geometry in the Real World
or MATH 1045	PreCalculus (MOTR MATH 150)

#### Communication Proficiency

EDUC 2222	Interpretation: Connecting Audiences and Meaning
or COMM 1040	Introduction to Public Speaking (MOTR COMM 110)

#### Information Literacy

ED TECH 2230	Information Literacy
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#### American History or Government

HIST 1001	American Civilization to 1865 (MOTR HIST 101)
or HIST 1002	American Civilization 1865 to Present (MOTR HIST 102)

### EXPLORE AREAS:

#### Humanities and Fine Arts

Three courses from two of the following fields: art, foreign language, music (excluding applied music), philosophy, theater, dance, and literature.

#### Social Science

ED PSY 2212	Child and Adolescent Development
POL SCI 1100	Introduction to American Politics (MOTR POSC 101)

One additional 1000-2000 level course in Social Science Explore Area

#### Math and Life/Natural Sciences

BIOL 1012	General Biology: The Science of Life (MOTR BIOL 100)
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PHYSICS 1001	How Things Work (MOTR PHYS 100)
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One additional 1000-2000 level course in Math and Life/Natural Sciences Explore Area

### ADDITIONAL UNIVERSITY REQUIREMENT

ENGL 3100	Junior-Level Writing
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## Program Requirements

Beginning with those students graduating in May, 2017 and receiving teacher certification, the Missouri Department of Elementary and Secondary Education requires a 3.0 GPA in professional education courses, a 3.0 GPA in the teaching content field, and a 2.75 overall GPA.

Professional Education courses must be completed with a grade of C or better (a grade of C- or below is unacceptable).

Students must pass the required DESE certification assessments to receive the B.S.Ed. degree.

B.S.Ed. and B.A. degrees with certification candidates must complete the following:

### Introduction to Education

TCH ED 1000	Building Community, Culture, and Learning in Education	1
TCH ED 1001	Early Clinical Experience: Community Agency	1

### Level I: Exploring Education as a Profession

TCH ED 2000	Becoming a Professional Educator	1
TCH ED 2001	Early Clinical Experience: Schools	1
TCH ED 2209	Foundations of Teaching in American Schools	2
HLTH PE 3277	Foundations of Health and Physical Education Programs	3
HLTH PE 3280	Human Anatomy and Physiology	4

### Level II: Analyzing the Nature and Process of Education

ED PSY 3312	Psychology of Learning, Instruction, and Assessment	3
ED TECH 3135	Technology for Educators	1
SPEC ED 3318	Inclusive Classrooms	3
TCH ED 3001	Mid-Level Clinical Experience: Diverse Learners	1
TCH ED 3310	Introduction to Methods of Teaching	3
TCH ED 4391	Literacy for Adolescent Learners in Content Areas	3
HLTH PE 3275	Psychological Aspects of Physical Education	3
HLTH PE 3284	Physiology of Human Exercise	3
HLTH PE 3285	Safety and Emergency Care for Health and Physical Education	3
HLTH PE 3380	Introduction to Nutrition for Health and Performance	3
PHY ED 2134	Personal Physical Fitness	3
PHY ED 3267	Performance Analysis in Physical Education	3
PHY ED 3282	Physical Growth and Motor Development	3

PHY ED 3283	Kinesiology	3
9 hours can be taken concurrently with Level III courses:		
HLTH PE 3434	Teaching of Health and Wellness	4
PHY ED 3261	Physical Activity for Diverse Learners	3
PHY ED 3468	Curriculum and Methods of Teaching Physical Education	3
<b>Level III: Synthesizing Theory and Practice in Education</b>		
The following Health and Physical Education courses are required:		
PHY ED 3422	Teaching of Skills: Grades PK-4	4
PHY ED 3423	Teaching of Skills: Grades 5-9	3
PHY ED 3424	Teaching of Skills: Grades 9-12	3
PHY ED 3425	Teaching Skills: Movement, Dance, and Rhythms	3
HLTH PE 4989	Practicum I: Site-Based Experience in Physical Education	3
HLTH PE 4990	Practicum II: 12-Week Site-Based Experience in Health and Physical Education	9
HLTH PE 4992	Practicum II: 4-Week Site-Based Experience in Health and Physical Education	3
<b>Total Hours</b>		<b>89</b>

Minimum 124 hours

## Learning Outcomes

Upon completion of the program, graduates will be able to:

- Demonstrate professionalism through (a) reflective practice for professional growth, (b) effective communication and collaboration, and (c) commitment to upholding ethical and professional standards.
- Evaluate, design, and implement curriculum, instruction, and assessment that apply advanced understanding of (a) content and pedagogical knowledge, (b) learning science principles, and (c) equitable frameworks and inclusive practices.
- Integrate technologies to create meaningful student learning in the context of a (a) digital and (b) global society.
- Design and implement a supportive, inclusive, and culturally responsive classroom environment that nurtures the intellectual, social, and emotional development of all students.
- Partner with families and communities to develop relationships and build networks of support to enhance student learning and well-being.

## Sample Four Year Plan

First Year			
Fall	Hours	Spring	Hours
ENGL 1100	3	COMM 1040	3
MATH 1020 or 1030	3	ED PSY 2212	3
HIST 1001 or 1002	3	BIOL 1012	3
TCH ED 1000	1	TCH ED 1001	1
EXPLORE - Humanities and Fine Arts	3	TCH ED 2000	1
EXPLORE - Social Sciences	3	EXPLORE - Humanities and Fine Arts	3
<b>16</b>		<b>14</b>	

Second Year					
Fall	Hours	Spring	Hours	Summer	Hours
TCH ED 2001	1	HLTH PE 3280	4	TCH ED 3001	1
TCH ED 2209	2	HLTH PE 3380	3	SPEC ED 3318	3
ED TECH 2230	3	HLTH PE 3277	3	ENGL 3100	3
EXPLORE - Social Sciences <sup>1</sup>	3	PHY ED 2134	3		
EXPLORE - Humanities and Fine Arts	3	PHY ED 3282	3		
EXPLORE - Math and Sciences	3				
	<b>15</b>		<b>16</b>		<b>7</b>
Third Year					
Fall	Hours	Spring	Hours	Hours	
TCH ED 3312	3	PHY ED 3468	3		
TCH ED 3310	3	PHY ED 3283	3		
HLTH PE 3275	3	PHY ED 3423	3		
HLTH PE 3284	3	PHY ED 3424	3		
HLTH PE 3285	3	TCH ED 4391	3		
HLTH PE 3434	4				
	<b>19</b>		<b>15</b>		
Fourth Year					
Fall	Hours	Spring	Hours	Hours	
PHY ED 3267	3	HLTH PE 4990	12		
PHY ED 3261	3	HLTH PE 4992	3		
PHY ED 3422	4				
PHY ED 3425	3				
HLTH PE 4989	3				
	<b>16</b>		<b>15</b>		
<b>Total Hours: 133</b>					

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Course should also satisfy the Cultural Diversity Requirement

*PLEASE NOTE: This plan is an example of what a four year plan could look like for a typical student. Placement exam scores in math as well as the completion of coursework may change the plan. It should not be used in the place of regular academic advising appointments. All students are encouraged to meet with their advisor. All requirements are subject to change.*